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Safe Cervical ICA Control for Clipping Clinoid-Ophthalmic Segment ICA Aneurysms

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Sir, surgical clipping is still the mainstay for treating aneurysmal subarachnoid hemorrhage in developing countries due to the cost involved in endovascular management (1,2). One of the mandatory pre-requisites for clipping aneurysms in clinoid and ophthalmic segments of the internal carotid artery (ICA) is to have a proximal control of cervical ICA not only to prevent or control intra-operative aneurysm rupture (IAR) but even to safely dissect the aneurysm & also to delineate the proximal neck of the aneurysm. However, few issues are challenging the conventional method of looping the cervical ICA (Figure 1).

Firstly, the handling and looping of cervical ICA may risk dislodgement of an atherosclerotic plaque or cause dissection, adding on to vasospasm leading to ischemic stroke and its morbidity, thereby increasing the socio-economic burden (4,6-8). Secondly, rare anatomical variations at the common carotid artery (CCA) bifurcation may result in inadvertent looping of the external carotid artery (ECA) instead of ICA, thereby causing failure to achieve proximal control and significant bleeding in case of IAR (3,5). There have been no methods published in the literature to prevent cervical ICA handling hazards.

We propose a modification in the proximal control technique to minimize cervical ICA handling and related complications. Following exposure of the CCA-ECA-ICA junction in the neck, instead of direct handling of the ICA, we propose to take individual control of both ECA (proximal to its first branch) and CCA (Figure 2). With temporary occlusion of direct flow in the ICA from CCA and the ECA's backflow, we achieve full proximal control for exposing the aneurysm.

In this scenario, the ICA handling is minimized to prevent atherosclerotic plaque disruption and dissection along the ICA. Additionally, in cases of anatomical variations of bifurcation, the proximal control is still secure. The authors have been using this technique for many years. It has been beneficial, without additional technical complexities or prolongation of surgical time.



Figure 1: Conventional looping of cervical ICA for proximal control.



Figure 2: Our proposed technique for proximal control.

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