Spinal Epidural Venous Angioma Presenting Symptoms of Lumbar Disc Herniation: A Case Report

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ABSTRACT

Spinal epidural venous angiomas are extremely rare. We report the case of a 60-year-old man who presented with disc herniation symptoms, complaining of pain in his left leg and numbness, especially at the base of the knee. On physical examination, the Lasègue test was positive at 45 degrees on the left side and no neurological deficit was detected on the lower extremity. Contrast magnetic resonance imaging revealed a lesion in the left S1 neural foramen, which was initially evaluated as a schwannoma. However, after the lesion was totally excised, it was pathologically identified as a venous angioma. Handere, the clinical presentation, management, and surgical, radiological, and pathological features are discussed.

KEYWORDS: Spinal epidural venous angioma, Lasègue test, Disc herniation

INTRODUCTION

Spinal vascular malformations are classified by histological type and location (2,8). They are heterogeneous, manifesting as a wide clinical spectrum of symptoms that range from chronic, progressive neurological deficits to acute hemorrhages with an insidious presentation, and they account for 3%–12% of spinal space-occupying lesions (6). Spinal angiomas include capillary telangiectasias (which can be extradural, intradural or, rarely, intramedullar), cavernomas (mainly observed in vertebral bodies), and venous angiomas (mainly located in vertebral bodies and in the extradural space). Here, we report the case of a patient who presented with disc herniation symptoms and was ultimately diagnosed with venous angioma.

CASE REPORT

A 60-year-old man presented with left-sided leg pain and numbness, especially at the base of the knee, which had persisted for 3–4 months. He was referred to our institution with a diagnosis of left L5–S1 root schwannoma. We acquired new images by magnetic resonance imaging (MRI) in our institute, and these revealed a lesion that was hypo-intense on both T1- and T2-weighted images and was compressing the root. Contrast-enhanced MRI showed heterogeneously marked enhancement after gadolinium administration (Figures 1-4). In the physical examination, the Lasègue test was positive at 45 degrees on the left side, and no neurological deficit was detected in his lower extremity.

A L5–S1 left hemilaminectomy using a posterior approach was performed. After the retraction of the root under optical microscopy, high vascularity and a dark red epidural mass were observed on the left side of the root. The lesion was separated from the dura by sharp boundaries. Following bipolar coagulation around the lesion, the lesion was dissected from the dura and totally excised. The pathological examination showed a proliferation of dilated thin-wall vein structures and with special orcein dyeing, revealing no elastic fiber in the vein.
walls. The structures were positive for CD31, but glial fibrillar acidic protein and s-100 protein were not detected (Figure 5, 6). The diagnosis was venous angioma.

The patient was mobile 6 hours after the surgery, and by the third day postoperatively, his pain had gone, although some numbness at the base of the knee remained. This had cleared by the 6-month follow-up, and no recurrence was observed on the control MRI.

**DISCUSSION**

Extradural angiomas, which account for 15%–20% of all spinal vascular anomalies and for approximately 4.7% of all spinal space-occupying lesions, are rarely isolated (6). Their feeding vessels usually exhibit no communication with the spinal cord arteries; therefore, these malformations play no part in the vascular supply to the cord (11), although a spinal epidural angioma draining into intrathecal veins has been reported (7). The functional anatomic separation of extradural angiomas, the majority of which are exclusively extradural, and those in the subdural space and spinal cord should be considered in angiographic diagnosis and treatment.
Venous malformations, described as varicose veins or racemose varicose veins, are composed entirely of veins, either dilated venules with one or more draining pedicles, or enlarged veins.

Histologically, venous angiomas show significant hyaline and collagenous thickening in the vessel wall. Thrombosis and inflammation of the various veins can be seen with immunohistochemical analysis revealing surface-lining epithelial cells positive for CD31 (12). Racemose venous angiomas are located in the extradural space. However, for the majority of intradural vascular anomalies that were previously classified as spinal varices, spinal varicosis, or racemose venous angiomas, arterial feeders observed on spinal angiography provide a definitive proof that these are arteriovenous angiomas (2). The in vivo separation of arteries and veins during surgery can be difficult because of the slowing of the circulation, darker-colored vessels, and partial thrombosis giving the impression of a venous origin (6). The histologic distinction between arterial and venous channels may be virtually impossible because of the severe structural abnormalities of the vessel walls.

Extradural spinal angiomas are most commonly observed in the dorsal and lumbar regions with solitary forms located particularly in the lower lumbar and lumbosacral regions (9). Even with angiography and MRI, the clinical diagnosis of extradural and intradural angiomas remains difficult (1,3,4,5,10,13,14). Extradural angiomas are most often confused with disc hernias and spinal tumors (3). In our case, both diagnoses were consistent with the MRI findings.

Pain is always experienced with extradural angiomas (13), and local and nervous root pain can aid the diagnosis. It was remarkable that our patient experienced no symptom other than pain and numbness. Angiography provides the best information about the size and extent of the malformation, revealing the nourishing and draining vessels (14). However, spinal angiography was not performed in the present case because the possibility of spinal extradural angioma was not considered in the preoperative period. The MRI features are variable and may result in a false diagnosis. The lesions can show irregularly heterogeneous or homogeneous enhancement after gadolinium administration with the tumor borders sharply separated from the normal tissue. The MRI findings may interfere with cystic lesions and tumors (10). In our case, the MRI findings seemed to indicate a schwannoma. The diagnosis of spinal extradural angioma requires both surgical vision and pathological examination.

Venous angiomas are considered to be pathologically benign lesions (1,5). They are well demarcated; therefore, total resection is possible with standard microsurgical techniques. They can adhere to the dura or root but dissection is possible by bipolar coagulation. Surgery has a good clinical outcome. In our case, the postoperative follow-up found no recurrence on the control MRI.

**CONCLUSION**

Spinal epidural venous angiomas are rare lesions and are difficult to diagnose preoperatively. On MRI, they can be easily misdiagnosed as tumors, hematomas, or synovial cysts. Surgical resection is essential for the definitive diagnosis and to prevent further neurological symptoms or myelopathy.

**REFERENCES**