Vertebral Arteriovenous Fistula: Report Of Two Cases

Hamit Z. Gökalp, Mehmet E. Üstün, Nurullah Yüceer
Ankara University, Faculty of Medicine, Department of Neurosurgery, Ankara, Türkiye

Abstract: Two cases of vertebral arteriovenous fistula (VAF) one caused by an angiographic catheter during coronary angiography and other due to a gunshot wound are presented. Preoperative and postoperative angiographic verification of the lesions was demonstrated. Both patients were treated by direct surgical trapping of the fistula.

Key Words: Angiography, arteriovenous fistula, surgery, trauma, vertebral artery.

INTRODUCTION

The vertebral artery (VA) is rarely injured because of its deep location, relatively small calibre, and the protection afforded by overlying bone through most of its course (1,2,5,11,12,15).

Posttraumatic fistulae between the VA and internal jugular vein may cause neurological symptoms, bothersome tinnitus and, occasionally, high output cardiac failure (10).

The therapeutic options that have been used, alone or in combination, include excision of the fistula, surgical trapping of the VA and/or endovascular obliteratorive procedures (1,11).

We report two cases of VAF one caused during coronary angiography and other by a gunshot wound.

CASE 1:

This 51-year-old man had suffered from a roaring noise in his right ear for 14 months before admission in September 1989. He also complained of blurred vision in his right eye and a sensation of burning pain on the right side of his face. His symptoms had begun after receiving a gunshot wound. Physical examination revealed a bruit in the right retroauricular area with evidence of penetrating injury and no definite neurological deficit. Digital subtraction angiography and selective right vertebral angiography by retrograde femoral catheterization, demonstrated an arteriovenous fistula at the foramen magnum level between the VA and the internal jugular vein and basilar venous plexus (Fig. 1) The right posterior
inferior cerebellar artery (PICA) and the vertebrobasilar system was filling through the left VA (Fig. 2).

**Operation:** Under general anaesthesia in a semi-Fowler position, the head was turned 20 degrees to the right side. After a right paramedian suboccipital craniectomy, the right VA was seen and by dissection was followed and exposed to the atlantooccipital membrane, where it enters the intracranial cavity. Continuing the dissection, the right transverse foramina of the cervical 1 (C1) laminae was encountered and the right VA was exposed above the foramina. A right C1 hemilaminectomy was performed. Opening the dura the VAF was seen proximal to the origin of the PICA. Proximal to the PICA, a temporary clip was applied to the right VA. Observing that the right PICA was filling through crosscirculation the VAF was trapped with two smooth Yañargil clips, one applied proximally to the origin of PICA and the other distal to the transverse foramen of the C1. Two feeders of the fistula were also occluded with silver clips. After trapping, the fistula was excised.

The postoperative course was uneventful. The bruit and the noise in the right ear disappeared. Neurological examination was normal. One week after the operation, the vertebral angiogram was repeated. The right VA was occluded above the C1 level and the posterior circulation was filling through the left VA. There was no evidence of the arteriovenous fistula (Fig. 3).

**CASE 2:**

A 30-year-old female was admitted to Avicenna Hospital in August, 1991, because of a roaring noise in her left ear and headache. The symptoms had begun six months prior to admission, when immediately after coronary angiography the patient complained of a bruit synchronous with the arterial pulse. The bruit gradually increased. Carotid arterial compression did not influence the bruit. Physical examination revealed left retroauricular bruit and no evidence of penetrating injury. There was no definite neurological deficit. Digital subtraction angiography and selective left vertebral angiography by retrograde femoral catheterization demonstrated an arteriovenous fistula at C2 level between the VA and the internal jugular vein and posterior vertebral venous plexus (Fig. 4). The posterior circulation was filling through the right VA.

**Operation:** Under general anaesthesia, in the right lateral decubit position, a hockey stick incision was used to expose the left suboccipital region and upper three cervical laminae on the left. The left VA, internal jugular vein and posterior vertebral venous plexus were exposed between the atlas and the
Fig. 4: Left vertebral angiography showed arteriovenous fistula at C2 level between VA and internal jugular vein.

Fig. 5: Postoperative digital subtraction angiography of case two.

transverse process of the axis. The segment of VA proximal to the VAF was enlarged in diameter while the internal jugular vein and posterior vertebral venous plexus were quite dilated. The fistula involved the second portion of the vertebral artery; the VAF was fed by the vertebral artery. Venous drainage was through the internal jugular vein and posterior vertebral venous plexus. There were multiple channels and most of these were not well defined. Therefore instead of the excision of the fistula, the left VA distal to C2 and proximal to C3 laminae was entrapped with two Mc Fadden clips. Though the posterior circulation was filling through the right VA, before applying the permanent clips, we had clipped the left VA distal to C2 with a temporary clip and saw that the VA stump was filling. The postoperative course was uneventful. The bruit and the noise in the left ear disappeared. Neurological examination was normal. One day after the operation, control angiography revealed no evidence of the arteriovenous fistula (Fig.5).

DISCUSSION

The first report of a VAF was made by Küttner in 1917 (1). His case was secondary to a gunshot wound and was successfully treated by excision of the fistula after proximal ligation of the VA. The first angiographic demonstration of a VAF was by Aronson in 1961 (1,2).

Numerous reports of VAF have appeared in the literature since Küttner’s (1,3,5,6,9). However, the rarity of this condition is attested by the fact that among all the published series only two contain more than 10 patients (1), and only 3% of traumatic arteriovenous fistulae in the civilian population involve the VA (1). There have been reports of VAF associated with fibromuscular dysplasia, neurofibromatosis and idiopathic and congenital cases (1,18,19).

Penetrating neck wounds, either gunshot or stab wounds are present in most cases (1,4,14,21) while blunt or iatrogenic trauma such as following neck surgery, percutaneous vertebral or carotid angiography or central venous catheter placement involves only a minority of cases (1,7,12,15,17,20,21). But, no case of VAF caused by angiography catheter was found in the literature. It is especially interesting that our VAF was due to coronary angiography.

The second portion of the VA is affected more often than the other segments probably due to its length and the plexiform nature of the vertebral vein which completely surrounds the artery (1) along this second part of its course. In our first case, the fistula involved the fourth portion of the vertebral artery and in the second, the second portion.
In VAF, systolic neck bruit variably radiating cranially and caudally is usually present. Both our patients had retroauricular systolic bruit. The diagnosis was confirmed by angiography.

The primary goal of treatment should be eliminating the fistula together with preservation of the VA (1.6,11,15,16). This may be more easily attempted when there are well defined, single or multiple channels connecting the artery and veins. These channels may be occluded by an endovascular approach using detachable balloons or by a direct surgical approach (1.6,11,16,22). In our first case, as the other VA was patent, the fistula was excised without trying to maintain VA patency.

But when the channels are not well defined as in our second case, trapping the fistula may be performed endovascularly using detachable balloons (1.5,8,9,10,11,16) or by a direct surgical approach (1.11,17,21).

VAF are relatively benign lesions with a favourable outcome, when diagnosed in time and treated. When diagnosis and/or treatment are delayed their management becomes more complicated and risky.

**Correspondence:** Prof. Dr. Hamit Z. Gökalp
Ankara Üniversitesi Tip Fakültesi
Nöroşirurji Anabilim Dali
Samanpazarı 06100 ANKARA
Tel: 31033 33 33 / 2934

**REFERENCES**