

Hemifacial Spasm and Recurrent Stroke Due to Vertebrobasilar Dolichoectasia Coexisting with Saccular Aneurysm of the Basilar Artery: A Case Report

Baziler Arter Sakküler Anevrizmasıyla Birlikte Vertebrobaziler Dolikoektazi Nedeniyle Hemifasiyal Spazm ve Tekrarlayan İnme: Bir Olgu Sunumu

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ABSTRACT

We describe a patient presented with sequential events of hemifacial spasm, cerebral infarction and fatal subarachnoid hemorrhage. All of them are seemingly separate entities. Radiological examination revealed that the cause was vertebrobasilar dolichoectasia (VBD) coexisting with a giant saccular aneurysm of basilar artery. VBD is a dilatation and elongation of vertebral artery (VA) and basilar artery (BA) which is of different mechanism from saccular aneurysm. The condition is very rare and its progression may result in compression of brainstem and cranial nerves, ischemic and/or hemorrhagic stroke. The treatment of such condition is difficult and further research on the risk stratification of VBD for predicting stroke. Close monitoring and aggressive surgical interventions might be needed for high-risk patients.

KEYWORDS: Hemifacial spasm, Stroke, Vertebrobasilar dolichoectasia, Aneurysm

ÖZ

Arka arkaya hemifasiyal spazm, serebral enfarktüs ve ölümcül subaraknoid kanama olaylarıyla gelen bir hastayı tanımlıyoruz. Bunların tümü ayrı olaylar gibi görünüyordu. Radyolojik inceleme nedenin baziler arterin dev bir sakküler anevrizmasıyla birlikte vertebrobaziler dolikoektazi (VBD) olduğunu gösterdi. VBD, vertebral arter (VA) ve baziler arterin (BA) dilatasyonu ve uzamasıdır ve mekanizması sakküler anevrizmadan farklıdır. Bu durum çok nadirdir ve ilerlemesi beyin kökü ve kranial sinirlerin kompresyonu ve ayrıca iskemik ve/veya hemorajik inme neden olabilir. Tedavisi zordur ve inme gelişmesini öngörmek açısından VBD risk katmanlandırması için daha fazla araştırma gereklidir. Yüksek riskli hastalarda yakından izleme ve agresif cerrahi girişim gerekebilir.

ANAHTAR SÖZCÜKLER: Hemifasiyal spazm, İnme, Vertebrobaziler dolikoektazi, Anevrizma

BACKGROUND

Hemifacial spasm (HFS) is most commonly caused by compression of the facial nerve root exit zone (RExZ) by a vascular loop. The resulting demyelination and focal ectopic excitation cause bursts of muscle activity on one side of the face. Brain stroke is a common disease and suffering from consecutive ischemic and hemorrhagic stroke seems irrelevant to HFS. In the current report we describe a patient presented with sequential events of hemifacial spasm, cerebral infarction and fatal hemorrhage due to vertebrobasilar dolichoectasia (VBD) coexisting with saccular aneurysm of basilar artery, and we discuss the monitoring and treatment of such condition.

CASE PRESENTATION

A 68-year-old man presented with a 4-year history of intermittent, involuntary muscle spasms involving the left part of his face. About one month before admission, he presented with acute onset limb weakness and blurred vision lasting for about 5 hours. On admission, neurological examination revealed left HFS. He was a current smoker (10/day) and alcohol abuser (1400 mL/wk of pure ethanol) without history of hypertension, diabetes or hyperlipidemia.

MRI demonstrated both bilateral basal ganglia and right occipital lobe infarcts (Figure 1A). Both Magnetic resonance angiography (MRA) and computed tomographic angiography (CTA) demonstrated a marked VBD and a large saccular

aneurysm of basilar artery (Figure 1B-G). The tortuous vertebrobasilar vessels elongated and enlarged over their entire course (diameter 6 mm), compressed the left pons and impinged on the left side of the caudal pons in the root exit zone for the facial nerve (Figure 1C). There was a giant saccular aneurysm with plaque (Figure 1B) of basilar artery (diameter 10.6mm) located in the ventral pons. After discussion with the patient, the decision was made not to surgically intervene due to its potential complications. Two months after discharge, the patient presented with intermittent headache and elevated blood pressure (180/100mmHg) for a week and died suddenly due to subarachnoid hemorrhage (SAH).

DISCUSSION

Hemifacial spasm is a common disease with wide range of aetiologies. The causes of hemifacial spasm are listed in Table 1 (3). The commonest reason is vascular compression, of which the VBD is rare. VBD is ectasia, elongation, and tortuosity of the vertebrobasilar artery, the prevalence of intracranial dolichoectasia is approximately from 0.06% to 5.8% in the general population (5). Widely accepted criteria was diameter >4.5 mm in any location along its course (10). The clinical manifestations include posterior circulation transient

ischemic attacks (TIA) or infarction, deep lacunar infarction, intracranial hemorrhage, compression of brainstem and cranial nerves (5).

VBD is also classified as one of vertebrobasilar nonsaccular intracranial aneurysms (1), the progression of VBD is associated with a high risk of hemorrhage and even death (1,2,6,7,8). Saccular aneurysm of basilar artery is very rare and of totally different pathogenesis from nonsaccular intracranial aneurysm. To our knowledge, the coexistence of two different types of aneurysms in basilar artery is very rare and has never been reported.

Treatment of VBD is in a dilemma. Antiplatelet therapy may be considered for the prevention of recurrent ischemic stroke in patients with current or previous ischemic stroke. However, for the potential risk of bleeding with severe forms of VBD (7), long-term use of combined antiplatelet agents or anticoagulants may not be recommended (7) especially in patient with unruptured aneurysm. Adequate control of blood pressure may be helpful to prevent ischemic or hemorrhagic stroke in patients with VBD (5). For the management of saccular aneurysm of basilar artery, endovascular surgery is more preferable with minimum invasiveness (4). Symptoms

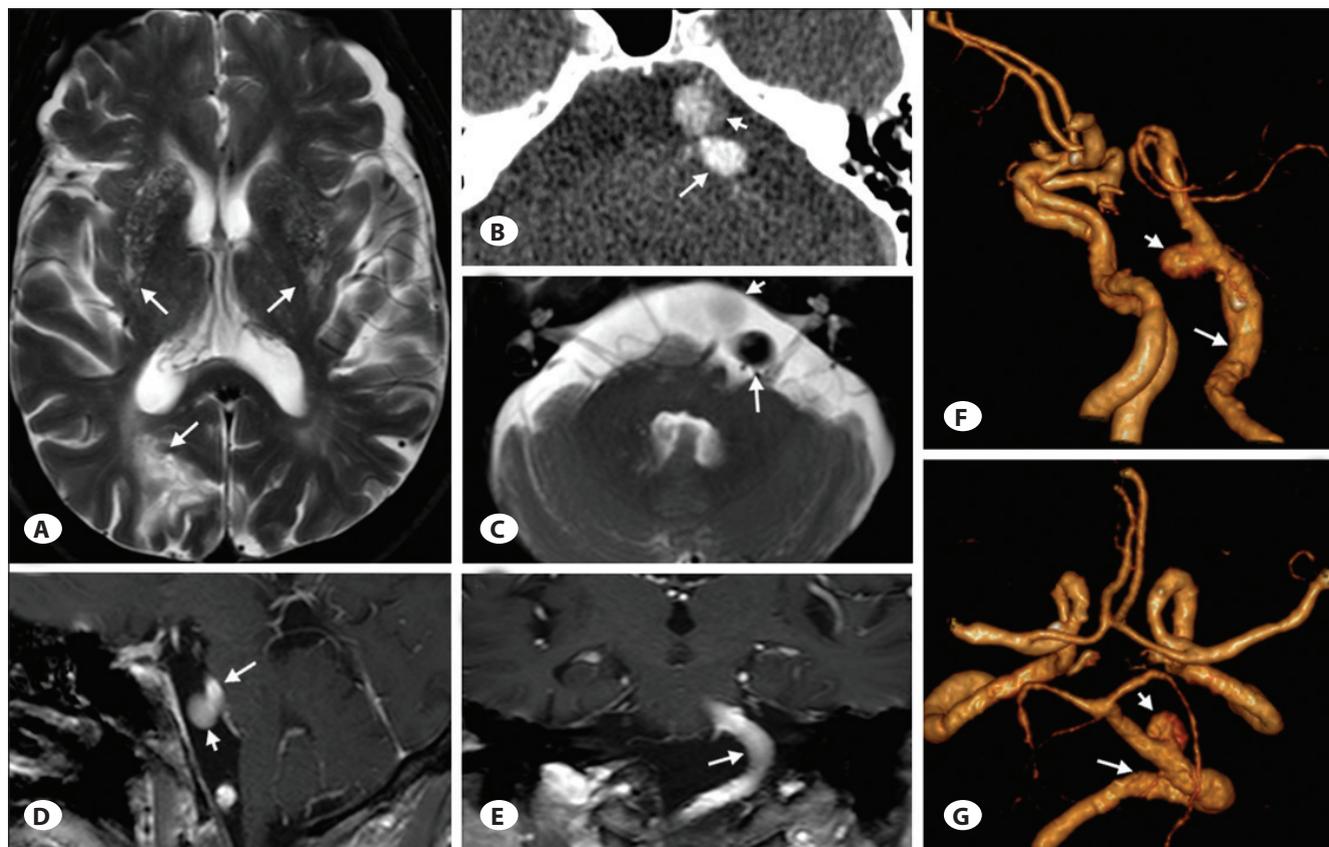


Figure 1: Axial (A) T2 Weighted MRI showing multiple infarcts of bilateral basal ganglia and right occipital lobe (arrows). Gadolinium-enhanced CT (B) and T2 Weighted MRI (C) showing VBD (arrow) compressed the left pons and the root exit zone for the facial nerve (C) and aneurysm (short arrow) with plaque (B). Sagittal (D) and coronal (E) MRA images and Volume rendering technique (VRT) images (F, G) showing VBD (arrow) and the aneurysm (short arrow).

Table I: List of Causes of Hemifacial Spasm

Vessels	Artery, Vein, Developmental venous anomaly, Arteriovenous malformation, Aneurysm, Pontine infarction, VBD
Mass	Epidermoid, Vestibular schwannoma, Lipoma, Arachnoid cyst, Meningioma, Cholesteatoma, Parotid gland tumors, Fourth ventricle ganglioglioma, Pontine glioma
Trauma	Central or peripheral facial nerve trauma
Others	Chari I malformation, Paget's disease, Multiple sclerosis, Hypothyroidism, Idiopathic intracranial hypertension (pseudotumor cerebri), Trigeminal neuralgia (tic convulsif/tic douloureux)

caused by compression of facial nerve (hemifacial spasm) may be alleviated by decompressive surgery (9). However, due to their potential complications, such surgical treatments should be cautious. For the progression of VBD or aneurysm is associated with a high morbidity and mortality (8), close observation and follow-up neuroimaging is recommended to monitor the progression and the appearance of new ischemic or hemorrhagic lesions. However, the appropriate timing and modality of serial imaging studies, the timing of surgical intervention and how to intervene have been unclear.

This presented case suffered from sequential events of hemifacial spasm, cerebral infarction and fatal hemorrhage due to VBD coexisting with a giant saccular aneurysm of basilar artery. Further research is required to refine the risk stratification of VBD for predicting stroke. Close monitoring and aggressive surgical interventions might be needed for high-risk patients.

Consent: Written informed consent was obtained from the patient for publication of these case reports.

Competing interests: None

Authors' contributions: Yuan Fang drafted the manuscript. Lin Ji processed the images. Ding Lei, Chao You and Wenke Liu examined the patient. Heng Zhang examined the patient and helped to revise the manuscript. Both authors read and approved the final manuscript.

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