

Chronic Subdural Hematoma after Endoscopic Third Ventriculostomy: A Case Report and Literature Review

Endoskopik Üçüncü Ventrikülostomi Sonrası Kronik Subdural Hematoma: Olgu Sunumu ve Literatürün Gözden Geçirilmesi

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ABSTRACT

Chronic subdural hematoma is a very rarely observed complication after endoscopic third ventriculostomy (ETV). A 21-year-old male patient was admitted to our clinic with complaining of headache, weakness and tremor. The fundoscopic examination revealed slightly indistinct border of the papilla and neurological examination findings were normal. The cranial computed tomographic (CT) and magnetic resonance imaging (MRI) findings demonstrated three-ventricular hydrocephalus due to aqueductal stenosis and ETV was performed. The symptoms got better after the operation. At 1½ month postoperatively the patient reapplied to our clinic with a symptom of severe headache. Cranial BT imaging demonstrated enlargement of subdural hematoma. The hematoma was treated by burr-hole evacuation and drainage and totally disappeared in the postoperative period. The follow-up CT scan was evaluated as normal. Nowadays, ETV is accepted as a safe and an alternative method for the treatment of obstructive hydrocephalus instead of shunt operation. Chronic subdural hematoma is a rarely observed complication after ETV.

KEYWORDS: Complication, Endoscopic third ventriculostomy, Subdural hematoma

ÖZ

Kronik subdural hematoma endoskopik üçüncü ventrikülostomi (ETV) sonrası nadiren görülen bir komplikasyondur. 21 yaşında erkek hasta baş ağrısı, halsizlik ve tremor yakınmaları ile kliniğimize başvurdu. Fundoskopik muayenesinde papil sınırları hafif silik ve nörolojik muayenesi doğaldı. Kranial bilgisayarlı tomografi ve manyetik rezonans görüntülemesinde akuadukt stenozuna bağlı triventriküler hidrosefali bulguları görüldü. Sonra ETV uygulandı. Operasyon sonrası semptomlar düzeldi. Operasyondan 1½ ay sonra hasta ciddi baş ağrısı semptomuyla kliniğimize tekrar müracaat etti. Kranial BT görüntülemesinde subdural hematoma geliştiği görüldü. Hematom, burr hole ile boşaltılıp, drene edildi. Postoperatif dönemde tamamen kayboldu. Kontrol BT taraması normal olarak değerlendirildi. Günümüzde, ETV obstrüktif hidrosefalinin tedavisinde şant operasyonlarına alternatif ve güvenli bir yöntem olarak kabul edilmektedir. Kronik subdural hematoma ETV sonrası nadir olarak görülen bir komplikasyondur.

ANAHTAR SÖZCÜKLER: Komplikasyon, Endoskopik üçüncü ventrikülostomi, Subdural hematoma

INTRODUCTION

The use of endoscopic techniques for the treatment of hydrocephalus has been managed since the beginning of the 20th century. The replacement of rigid instruments with flexible equipments, a decrease in the size of the instruments and advances in fiberoptic technology have lead to a great deal of change to the present time (3,5,8,9,11,15). This conversion fostered neurosurgeons, who frequently encounter complications associated with infection due to shunt, bleeding and foreign-body reactions in the treatment of hydrocephalus, to prefer neuroendoscopic techniques more commonly (10,11,13). Endoscopic third ventriculostomy (ETV) has become a popular treatment approach especially

for obstructive hydrocephalus although it can be used for a variety of methods such as colloid cyst resection and fenestration of arachnoid cysts (4,7,11,13,14). Even though it is a new technique, the calculated complication rates of ETV technique were found to be smaller than those of the shunt technique, which made it a more reliable and appropriate process (4,10,13). The more widespread use of ETV in the neurosurgery clinics, has increased the experiences of the neurosurgeons in this area; however, more detailed studies on the complications are needed.

A small number of adult patients with chronic subdural hematoma after ETV have been reported in the literature (Table I). We present a 21-year-old male subject who

Table 1: Adults Subdural Collection Cases Reported in the Literature

Author	Age and sex	Cause of hydrocephalus	Localization	Subdural collection
Beni Adani L et al. 1994	20y, male	obstructive hydrocephalus	ipsilateral	chronic SDH
Beni Adani L et al. 2000	20y, male	obstructive hydrocephalus	ipsilateral	chronic SDH
Shroeder HWS et al. 2002	25d, male 66y, male	obstructive hydrocephalus unknown	bilateral ipsilateral	subdural collection subdural collection
Sgaramella E et al. 2003	69y, male	obstructive hydrocephalus	contralateral	chronic SDH
Kim BS et al. 2003	51y, male	obstructive hydrocephalus	bilateral	chronic SDH
Kamel MH et al. 2006	16y, female	obstructive hydrocephalus	ipsilateral	chronic SDH
Civelek E. et al 2007	42y, female	obstructive hydrocephalus	contralateral	chronic SDH

SDH: Subdural hematoma

developed chronic subdural hematoma (CSDH) after ETV. We discuss the possible physiopathology of the occurrence and management of this complication with a review of the literature.

CASE REPORT

A 21-year old male patient was admitted to our clinic with complaints of headache, asthenia, memory loss, tremor, and recurrent urinary incontinence persisting for ten years. He had a history of meningitis at the age of three. His complaint of headache increased gradually. The borders of the papillae were unclear on the fundoscopic examination. His neurological examination was normal.

Ventricular widening and obstructive hydrocephalus due to aqueductal stenosis was diagnosed on the cranial CT and MR imaging. No findings of mass lesion were determined (Figure 1, 2). We performed ETV. A burr hole was placed in the midpupillary even right frontal line, 1 cm anterior to the coronal suture during the operation. The patient was continuously irrigated with 10-20 ml/min of Ringer’s lactate at body temperature during the procedure. The ventricle was traversed by 14F catheter with a stopper. The base of the third ventricle was first cauterized and then perforated just posterior to the infundibular recess and tuber sinerium after endoscopic images were obtained. The fenestration was widened using a 3F Fogarty balloon catheter. The endoscopic examination revealed the constant correlation between the pre-mesencephalic cisternal space and the pre-mesencephalic subarachnoid space. No bleeding was observed. The burr-hole was covered with a piece of spongostan following the application. Postoperatively the patient had no complaints and was discharged from hospital. The patient was readmitted to our department with severe headache 1½ months after the operation. Cranial CT scan revealed a right fronto-parietal chronic SDH (Figure 3). The patient underwent burr-hole drainage for hematoma. The symptoms disappeared during the postoperative period. Follow-up CT scan showed no indications of subdural collection (Figure 4).

DISCUSSION

ETV is a more suitable technique than shunt surgery for neurosurgeons since ETV decreases the incidence of



Figure 1: CT scan that demonstrates obstructive hydrocephalus and dilation of lateral ventricles and third ventricles.



Figure 2: Sagittal T1 MRI showing the distal aqueductal stenosis.



Figure 3: Postoperative CT scan that demonstrates right frontoparietal chronic SDH after the endoscopic third ventriculostomy.



Figure 4: Postoperative CT performed after ETV showed the drained and smaller ventricles with no subdural collection.

problems such as infection, foreign-body reaction and low-pressure symptoms and shortens the duration of surgery (5,8). ETV interventions result in a high degree of success as well as a low complication rate, especially in subjects with obstructive hydrocephalus (8). The surgical morbidity and mortality rates of ETV were reported respectively as 0-20% and 0-1% in previously published serial studies (12). Many complications appear during the orientation of the endoscopic instrument. These are hypothalamic and thalamic injuries, injuries of the oculomotor nerve, basilar artery perforation, and intraventricular injuries. In addition,

temporary CSF fistula, epilepsy, paresis of nerves 3 and 6, meningitis, ventriculitis, cardiac arrest and arrhythmia are also potential complications (4,6,9,12,13). Another complication is subdural hematoma. SDH is a well known complication of shunt surgeries occurring as a result of high drainage under negative pressure (2,7,8,13,14). The incidence rate of this complication in patients who have undergone shunt surgery has been reported to be 10% in pediatric series and 30% in adults; however, this complication is very rarely seen after ETV (8,9).

Some hypotheses have been suggested even though the pathophysiology of subdural collection has not been clearly explained (7,8,14). Beni Adani et al⁽¹⁾ accused per-acute intracranial variations occurring in the CSF (Cerebrospinal Fluid) regulation system in a short time. Schroeder et al (13) have suggested that large cortical punctures in patients with large ventricles may lead to accumulation of CSF in the subdural space causing subdural hygroma then venous bleeding. Pietela et al, reported new variations in the CSF tract after ETV. Although CSF passage from ventricles to the subarachnoid system decreases the volume of the lateral and third ventricles, it does not lead to an increase in CSF absorption proportionally and consequently CSF may lead to subdural hygroma. Mohanty A et al (11) have suggested that ventricles collapse with the sudden reduction of CSF pressure and the occurrence of bleeding in the cortical veins may lead to subdural collection between the dura and the brain during CSF drainage, as observed in massive hydrocephalus after the refined brain shunt application similar to the ETV procedure. Kurschel S et al (9) reported that covering the endoscopic space with fibrin glue after the completion of ETV and using hemostatic agents decreased subdural collection. They observed subdural collection only in one subject in a series of 20 subjects. However, the number of subjects was not adequate for a rarely seen complication in that study. Numerous hypotheses have been suggested on the occurrence of subdural collection.

We should ask the following question: Why does subdural collection develop in some cases but not in others? Although bleeding does not occur intraoperatively, we support the hypothesis that slow leakage into the subdural space with CSF pulsations and injuries occurring in the bridge veins after a long period of time lead to subdural hematoma. However, the occurrence of subdural hematoma cannot be connected to only one cause and it is a dynamic process. In our opinion, the initial opening pressure of CSF, administration of irrigation solution or the severity of the current, meticulous bleeding control and prevention of CSF leakage using glue are the important points which a neuro-surgeon should be careful about during the surgery.

Furthermore, congenital CSF absorption deficiency in adult patients, like pediatric groups, may play a role in the development of this complication. Pediatric group, adult group and subjects who have undergone a previous shunt surgery should be assessed separately.

At present, ETV in obstructive hydrocephalus is a safe, reliable and efficient surgical choice for neurosurgeons with low rates of mortality and morbidity. However, rare complications such as subdural hematoma, hygroma and effusion should be kept in mind. Patients require follow-up BT and MR imaging in the postoperative period after ETV. Pressure-controlled catheters can be used during surgery to prevent excessive CSF drainage.

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